A step towards a disease-free life

The disc is removed in the 6th part of the light body process, which is a huge step toward freedom. You gain power, energy, and quality of life. By removing the disc, all parallel lives are removed. The parallel lives were only distracting you from your present life, from the present, and cost you a tremendous amount of energy, which you will have available again for yourself and your life's purpose.

Your brain will be restructured and activated. You can program your mirror neurons with everything you want for yourself, like immortality, health, and abundance... You are reconnected to the correct Akashic Chronicle by activating the 6th light body. The chakras 145-288 are activated in 4 groups of 36 chakras.

Topics:

Activation of the chakra group 144-180: "Active healing" Activation of the chakra group 181-216: "Active vitality" Activation of the chakra group 217-252: "Being unconditional" Activation of the chakra group 253-288: "Active future"





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General effects on life

- You are 288 more responsible for your actions. It is important to take responsibility for your actions.
- All processes are amplified by 288.
- It's about committing to the future, anchoring, and no longer executing what the metal beings want you to do, nor thinking that you'll die when the disc is removed.
- The wall of lack and loneliness is no longer there or active. The visible fullness is even more consciously perceived. The already existing abundance is perceived and recognized from a new perspective.

Manifestation: "Reflecting out of abundance!"

- With the liberation of the disc, you can receive many more blessings. Things are more accessible, and you struggle less.
- Now, a very clear path can be lived because there is no other alternative.
- People are more active and vibrant in life.
- All manifestations are experienced much easier.
- Your increased presence will change car driving because the car has many metal parts. So, you may become more courageous and drive faster. You experience less fatigue while driving because you are much more present.



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Effects on the systematic level

The light body process affects the entire birth family and brings peace to the birth family. The changes in the family become more visible in consciousness, behavior, and life.

Aouyash: "Even if your parents are no longer here, they still benefit from it. The whole DNA of the family structure benefits from it. They all benefit from it, all of them."

It is a big celebration for the family. The entire family tree is impacted, and the family becomes more peaceful.

The connection to your Akashic Chronicle is restored, and people step out of the incarnation loop. Deleting the information planes affects your ancestral lineage seven generations into the past and 14 generations into the future. People can be incarnated simultaneously on many timelines. Due to the dematerialization of the disc, all timelines of the parallel worlds are closed. Those lives never existed, and everything is rearranged from the beginning. Everything is changing on the timeline and in life. All power is returned to the now and here. Because of this, e.g., lack and diseases from the parallel lives are stopped, and the field of the disc no longer nourishes them. This also affects other humans, animals, and plants since you no longer exist on their timelines. This means that their lives now also develop in a completely different way. The ancestral images fade in the ancestral gallery, or the image changes. (Parallel worlds are timelines we brought along to exist in the past. However, this has nothing to do with incarnation).



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Effects on the systematic level

With the disc, people have always lived in the family secrets, which have also manifested themselves in the blood. Now that the disc is gone, the family secrets have no place and are all revealed. Therefore, liberation takes place. Once the family secret has been uncovered, the issue behind it is no longer relevant. However, its cellular memory of it may have physical impacts.

The fear of being sick is a thought projection through the consciousness of the disc. Since the 144th chakra, the metal beings have no more access to it, and we have already stepped into the cycle of diseaselessness. All viruses, bacteria, parasites, pathogens, and borrelia (these are metal beings) have no access anymore because they are composed of metal. They can no longer reposition themselves; only "old" ones can still be present and will be dissolved.

The absence of disease is obtained with the activation of the 289th chakra.

Thought projection disappears, for example, thoughts of being sick.

The disc uses the cell memory only up to the 144th chakra. The disc no longer has cellular memory access, meaning "immortality".

The mirror neurons constantly reconnect. The past is thereby erased.



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Effects on the systematic level

Without the discs, all cells are regenerated according to the original human DNA frequency. The cells are re-duplicated and can only do it now because the cell memory is no longer utilized in the process. The emptied space of the disk is filled with original human DNA.

The DNA and the cells are reconnected with the cosmic frequency of the "golden ratio" and the "Fibonacci formula", whereby divine perfection can be reexperienced through lightness, creativity, geniality, peace, etc. Because of the freed space in the brain, a feeling of "extra space in the back of the head" arises. The brain expands, which also changes the way of looking at things. The face may also change. Overall, the energy flows easier through the body, which promotes healing.

- Your cells are turning for you again.
- "Yes, they've deprived you of your breathing. You were barely breathing. It wasn't saturating your cells. Now you can breathe again."
- As a result, the sensory organs are strengthened, and taste and smell are perceived differently.
- The effects of the disc have made the body hard, metallic, and full of acid. The whole body becomes more alkaline, feels lighter, less restricted, and less painful. The body can be experienced at a higher level.
- You need less sleep.



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In the Kundalini fire, the Kundalini snake is freed from the red snake. Therefore, the vertebrae or bones may crack during verticalization. Through the Kundalini energy, you control your body again. Now the Kundalini fire, which was connected with the red snake, fires again by itself, and you become softer. The bones turn in your direction.







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It is beneficial to be in the energy during the process. This way, it can be transformed much easier. Therefore, we will spend the weekend together as a group (if desired, one-on-one appointments are also available). The chakras 145 – 248 will be cleansed and verticalized on the weekend, and the DNA strands will be reconnected.

You can find the current seminar dates at www.annrai.at/en/termine/. Seminars take place in Austria, Switzerland, Germany, and possibly in other places on this beautiful planet, if desired, in your country.

Accommodation and food: Prices vary depending on the location Seminar price: 3600 euros

Registration: ruth@annrai.at (The number of participants is limited to 7 people.)











