# Activation of the 5th light body, Chakras 73 – 144, according to Natara®

#### **Independence and total freedom**

The 5th part of the light body activation is about freedom. We humans have had a multidimensional "disc" in the back of our heads since the beginning. which was inserted by metal beings from another universe (metal planets).

On this disc, many things were programmed, and everything can be installed, such as illness, suffering, lack, and experiences that never took place but which, through the programming, feel as real as if we really experienced them. The programs hinder us from being free and going our soul path.

With the everlasting blueprint, nothing new can be programmed on our disks. We are protected against that. However, the preexisting program is still on the disk.

The 5th part of the light body process erases the disc and cuts the connection to the metal beings. This means total freedom.



Stefan ANNRAI Sieberer Ranstlweg 23, 5531 Eben im Pongau, Austria Neuematzen 4a, 6232 Münster, Austria Telephone: +43 664 514 63 39 Email: stefan@annrai.at www.annrai.at



# Activation of the 5th light body, Chakras 73 – 144, according to Natara®

#### Independence and total freedom

### **Topics:**

Chakra group 73-90: "The unity of water. " Physical correspondence is the lymph.

Chakra group 91-109: "The unity of fire. " Physical correspondence is the organs.

### Chakra group 109-126: "The unity of air. "

Physical correspondence is the lung.

### Chakra group 127-144: "The unity of metals. "

Physical correspondence is blood.

### **General effects:**

• You are 144 times more responsible for your actions. It is important to take responsibility for your actions. (Your manifestation power increases 144,000 times).

• With the light body process, you accept yourself for yourself, your family, your future, and your DNA. To respect yourself, your body, your soul, and your future. Another level of appreciation for yourself. With inner appreciation, so much can happen in your life, and so much is possible. You don't have to struggle anymore, be tough in life.

Stefan ANNRAI Sieberer Ranstlweg 23, 5531 Eben im Pongau, Austria Neuematzen 4a, 6232 Münster, Austria Telephone: +43 664 514 63 39 Email: stefan@annrai.at www.annrai.at



# Activation of the 5th light body, Chakras 73 – 144, according to Natara®

#### Independence and total freedom

General effects:

• When the disc stops, then you can finally know yourself. The metal beings no longer have access, allowing you to develop, and the cells no longer hold the memory of pain. Now you can accept responsibility for your life and always feel fulfilled. Then the new consciousness of completeness and inner peace with yourself arises. This is the beginning of freedom and co-existence with the cells.

• This is the path to freedom, where you can break free of the shackles. Through the programs on the disc, humans go along without questioning, thinking, or taking a moment to be silent.

• Increasingly, you experience the frequency of self-empowerment, to live and experience this, for this is the welcome to be on this planet. Self-recognition becomes stronger and more vital to accept love and responsibility more quickly, so that life can always reflect the soul's answer.

• Responsibility = Life can mirror the soul's response.

• Every time, it is a new decision to stay here on this planet. To get out of the confinement and decide to live, no more suffering. The light body process is getting out of captivity and returning back to life.

Stefan ANNRAI Sieberer Ranstlweg 23, 5531 Eben im Pongau, Austria Neuematzen 4a, 6232 Münster, Austria Telephone: +43 664 514 63 39 Email: stefan@annrai.at www.annrai.at



# Activation of the 5the light body, Chakras 73 – 144, according to Natara®

Use the power and energy that is released for you and your life.



It is beneficial to be in the energy during the process. This way, it can be transformed much easier. Therefore, we will spend the weekend together as a group (if desired, one-on-one appointments are also available). The chakras 73 - 144 will be cleansed and verticalized on the weekend, and the DNA strands will be reconnected.

You can find the current seminar dates at www.annrai.at/en/termine/. Seminars take place in Austria, Switzerland, Germany, and possibly in other places on this beautiful planet, if desired, in your country.

Accommodation and food: Prices vary depending on the location Seminar price: 1800 euros

**Registration:** ruth@annrai.at (The number of participants is limited to 7 people.)











